**Before you begin, please ensure you have obtained the necessary permissions from the child, young person, or parent/carer for the following:**

* Request for support: Consent for making this referral.
* Data storage: Agreement to store data in line with our data protection policy.
* Information sharing: Permission to share relevant information with partners and agencies.
* Contact: Consent for Young People Cornwall to contact the young person or parent/carer.

**Access Requirements: At Young People Cornwall, we apply the COM-B rule (Capacity/Capability – Opportunity – Motivation – Behaviour) to all our clients. When completing a referral, please consider the following:**

* Capacity/Capability: Does the young person have the capacity and capability to engage with the support being requested?
* Opportunity: Do they have the opportunity to engage with support (e.g., access to transport or equipment for virtual sessions)?
* Motivation: Are they motivated to engage and/or make changes?

**Completing the Referral Form**

**Please ensure the following details are accurate, as they are essential for processing the request:**

* **Who is completing the referral?**  
  Ensure these details are correct, as they will be used to discuss next steps.
* **Young person’s information**  
  Accurate information such as date of birth and postcode is crucial for processing the request.
* **Main reason for support**  
  Provide detailed information on the primary issue for which support is being requested. Practitioners at Young People Cornwall adhere to strict criteria, so specifics are important (e.g., how long the difficulties have been present, their impact on daily life). *Note that we cannot solely address neurodiversity issues like ADHD/ASD, this does not mean that we would not support neurodivergent young people, but our support would look to related issues like anxiety or low mood.*
* **Secondary difficulties**  
  Use this section to mention any additional conditions or events that might be impacting the young person. Please be as accurate as possible—e.g. do not select all options in hopes of gaining support. This helps ensure the most appropriate support is provided.
* **Risk assessment**We are not a crisis service, but it is important for us to understand the level of risk associated with the young person. Provide detailed information about current and historical risks, including any history of self-harm or suicidal ideation (e.g., what was done, when it occurred, and the intent if known). For those who have attempted suicide or engaged in self-injurious behaviour resulting in hospital intervention, we typically recommend they be seen by CAMHS.